

Go Green: Do Your Share for Cleaner Air!

Today's air quality forecast is

GREEN

Air pollution is not forecast to be a health problem. Do your part to ensure that air quality conditions remain good by taking the following steps:

- Use transit, walk or bike to get around town rather than driving.
- Avoid using gas-powered garden equipment, don't top off your gas tank, and use a charcoal chimney lighter instead of lighter fluid for your grill.
- Conserve energy. Be sure to adjust the thermostat, and turn off appliances and lights not in use.
- Plan your trips to avoid idling in traffic tie-ups, and try to refrain from idling in drive-thrus.
- Utilize reusable lunch and shopping bags, coffee mugs, dinnerware and water bottles. Less waste means fewer emissions in our air.

For more information, visit

www.cleanair-stlouis.com

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ST. LOUIS REGIONAL
CLEAN AIR
PARTNERSHIP

AMERICAN LUNG ASSOCIATION
Fighting for Air



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Today's air quality forecast is

YELLOW

Very sensitive individuals and people with respiratory disease should limit prolonged exertion outdoors today. Do your part to help improve air quality conditions by taking the following steps:

- Plan to carpool, vanpool or use transit to get to work.
- Visit www.gatewayguide.com or use MoDOT's 511 travel information number to plan your route to avoid idling in traffic tie-ups and construction zones.
- Conserve energy. Turn off lights and appliances not in use, and adjust the thermostat at home and at work.

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Today's air quality forecast is **ORANGE**

Sensitive children and adults, and people with respiratory disease should limit prolonged, moderate exertion outdoors today. Do your part to help improve air quality conditions by taking the following steps:

- Plan to carpool, vanpool or use transit to get to work, and take advantage of flex-time and telecommuting options at your worksite.
- Reduce your driving by postponing or combining trips. If you must drive, plan your trip to avoid idling in traffic tie-ups and construction zones, and refrain from idling in drive-thrus.
- Refrain from fueling your car in the heat of the day. And, if you have a gas-powered lawn mower, don't mow from 10 a.m. to 7 p.m.
- Don't use lighter fluid to light barbecues. Instead, try pre-treated briquettes or a chimney starter.
- Brown bag your lunch, rather than driving to a local restaurant. Short car trips release more pollution into our air.

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Today's air quality forecast is

RED

Sensitive individuals and people with respiratory disease should avoid exertion outdoors. Others should limit prolonged or vigorous outdoor exercise today. Do your part to help improve air quality conditions by taking the following steps:

- Plan to carpool, vanpool or use transit to get to work, and take advantage of flex-time and telecommuting options at your worksite.
- Reduce your driving by postponing or combining trips. If you must drive, plan your trip to avoid idling in traffic tie-ups and construction zones, and refrain from idling in drive-thrus.
- Refrain from fueling your car in the heat of the day. And, if you have a gas-powered lawn mower, don't mow from 10 a.m. to 7 p.m.
- Don't use lighter fluid to light barbecues. Instead, try pre-treated briquettes or a chimney starter.
- Brown bag your lunch, rather than driving to a local restaurant. Short car trips release more pollution into our air.

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